

# CHECKLIST:

## IS WEGOVY THE RIGHT CHOICE FOR YOUR TEEN?

- Check Your Teen's BMI : Is your teen's BMI in the range that might require medical intervention for weight loss?
- Overall Health Assessment: Has your teen undergone a thorough health check to identify any obesity-related health issues?
- Pediatrician's Opinion: Have you discussed your teen's weight concerns with a pediatrician?
- Specialist Consultation: Has a specialist, such as a pediatric endocrinologist or obesity specialist, evaluated your teen's case?
- Diet and Exercise Efforts: Has your teen tried dietary changes and increased physical activity?
- Sustainable Healthy Habits: Are you able to support your teen in maintaining long-term healthy eating and exercise habits?
- Research on Wegovy: Have you read up on how Wegovy works and its intended use?
- Side Effects and Risks: Are you aware of the potential side effects and risks associated with Wegovy?
- Psychological Impact: Have you considered the psychological impact of weight loss medications on your teen?
- Body Image and Self-Esteem: How does your teen feel about their body image, and could this impact their response to medication?
- Accessibility and Cost: Can you access Wegovy easily, and are you prepared for any associated costs?

**C H E C K L I S T :**  
I S W E G O V Y T H E R I G H T C H O I C E  
F O R Y O U R T E E N ?

- Long-Term Commitment: Are you and your teen ready to commit to the long-term monitoring and follow-up that Wegovy treatment requires?
- Overall Health Assessment: Has your teen undergone a thorough health check to identify any obesity-related health issues?
- Joint Decision-Making: Are you making the decision together with your teen and their healthcare provider?